

House: \_\_\_\_\_

Month/Year: \_\_\_\_\_

**BATH / SHOWER TEMPERATURE CHART**

Example	Time of 1 <sup>st</sup> Bath	Temp	Arm ✓	Temp	Arm ✓	Temp	Arm ✓	Temp	Arm ✓	Temp	Arm ✓	Temp	Arm ✓
		Init	Init	Init	Init	Init	Init	Init	Init	Init	Init	Init	Init
Day		Bath 1		Bath 2		Bath 3		Bath 4		Bath 5		Bath 6	
1													
2													
3													
4													
5													
6													
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**NEVER OVER 40 CELSIUS**

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Program Area(s):	Adult Disability	R/R	Aug 23/18						

# WORK INSTRUCTIONS

## When Assisting a Person to Bath

- Fill bath to comfortable temperature
- Do manual check up to your elbow, swirling in a circular motion around the length of the tub several times during filling
- Submerge the thermometer in bathwater for a minimum of 1 minute and until the scale stops rising
- Read temperature. If not in the acceptable range **(37- 40C)**, or as specific bathing plan, adjust the water temperature (FROM TAPS ONLY), to comfort level
- Record temperature and initial on chart
- Do final manual check before person enters bath
- If thermometer reading does not seem to match the feel of the water through the manual check, use backup thermometer to re-take the water temperature
- If backup reading is in acceptable range, continue with bath
- Record checkmark and initial on chart
- If not, discontinue bath, contact supervisor and do a Safety Maintenance Concern Form
- Discard and replace original thermometer as soon as possible

## When Assisting a Person to Shower

Follow all steps as for bath except:

- Put your hand up to your elbow in running water from shower head
- Hold the thermometer under the following water from the shower head

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