

Transition Planning

Purpose *To outline processes to support clients to plan for life transitions.*

Policy Statement *When clients experience significant life transitions ASC is committed to providing support and resources.*

Times of transition include but are not limited to:

- *Common life transitions*
- *Childhood to adulthood*
- *Change in relationship status*
- *Change in personal support network*
- *Reduction/increase in service provision and supports*
- *Re-location*
- *Aging*
- *Grief and loss*
- *Advanced care planning*
- *End of life care*

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Transition Planning

All areas of ASC use a person centered planning approach that assists clients to identify and plan for transition. Multiple tools may be used to identify what actions and supports may be of assistance.

Common life transitions:

At times it may be necessary to formally support families and their person in services to plan for common life transitions such as changing schools, changing communities, change in family composition, change in routine activities, or disaster related affects. Planning for these types of transitions may include but not be limited to:

- Liaise with a school
- Adjust or adapt service delivery
- Provide community resources and referrals as applicable

Transition from childhood to adulthood

Planning for transition from childhood to adulthood includes but is not limited to providing information regarding:

- Service options
- Financial funding/assistance and timelines
- Guardianship/trusteeship resources post-secondary education options
- Employment options
- Risk assessments
- Community resources and supports

Change in relationship status

Planning for transition in relationships such as moving in with new room-mates, life partners, marriage, or separation etc. may include but not be limited to:

- Assistance to access and complete required documentation/forms
- Assistance to seek legal counsel as required
- Support to access personal counselling as required

Change in personal support network

Planning for transitions in personal support networks such as having aging parents, change in guardianship, loss or addition of sibling support or changes in natural supports may include but not be limited to:

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- Planning to help keep families connected, such as employees being able to provide transportation and support for visits
- Exploring alternate private guardianship/trusteeship options
- Exploring public guardian/trusteeship options
- Exploring options for enhanced natural supports or other community supports and resources
- Advocacy for the need to increase services where required when family/natural supports decrease

Reduction/increase in service provision and supports

Planning for transitions involving a reduction/increase in service provision and supports may include but is not limited to:

- Conducting assessments to determine need
- Completion of risk assessments
- Support and advocacy for required service and or funding changes

Relocation

Planning for relocation transitions such as moving, may include but not be limited to:

- Assisting the client/family to find alternate housing
- Assisting clients to learn about community resources
- Working with other service providers in planning for a transition of services
- Ensuring there is a process for disclosure of risk

Aging

Planning for transitions during the natural aging process may include but not be limited to:

- Providing information regarding changes to financial benefits
- Support to access financial benefits
- Exploring alternative housing options
- Conducting assessments to determine functional abilities and skill levels
- Completion of risk assessments
- Increased coordination of medical supports
- Planning for changes to services/supports to meet evolving needs
- Adapting environments

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Grief and loss

Planning for transitions during grief and loss may include but is not limited to:

- Providing “Grief and Loss” support
- Providing short-term additional service/support where required
- Advocating for longer-term additional service/support where required
- Supporting clients to access applicable counselling when required

Advanced care planning

Planning for transitions related to advanced care plans may include but not be limited to:

- Providing information about advance care planning
- Support to gain access to appropriate people to have discussions
- Support to access the appropriate person to complete the required documentation

End of life care

Planning for transitions regarding end of life care may include but is not limited to:

- Committing to trying to keep people in their homes for as long as possible
- Having resource people on staff that are trained in End of Life/Palliative Care
- Coordination of medical appointments/resources
- Accessing specialized equipment and training when required
- Helping people to keep their social connections
- Supporting caregivers with respite
- Making efforts to understand and support cultural, religious and personal values and beliefs
- Planning for hospital/hospice care
- Supporting families and the Office of the Public Trustee with funerals/memorial planning

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